



PURPOSE IN PRACTICE

GIVE TO GAIN
THROUGH LEADERSHIP,
WELLBEING & NATURE

#IWD2026



join us

LAMBERHURST,
KENT, UK

ON

10 MARCH



We invite you to join us outdoors and indoors to explore working in nature in celebration of **International Women's Day** to promote your wellbeing, purpose and performance.

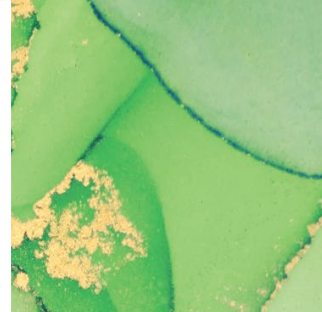
Explore how the rhythm of the seasons can support reflection, insight and growth.

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THE EVENT WILL INCLUDE:

- **Expert-led sessions**, including a guided outdoor walk led by change agent Anna-Marie Watson and a keynote and supporting workshop led by Sarah Rozenthuler.
- **Interactive roundtable discussions**: engage with other attendees in guided discussions to identify practical solutions for common challenges, share experiences and brainstorm new ideas to advance women in leadership.
- **Networking and connection**: meet and build valuable connections, friendships and business opportunities with your peers.



ROUNDTABLE TOPICS:

- Perceived difficult locations
- Career & workplace
- Wellbeing & nature
- Education & learning

MEET OUR SPEAKERS:

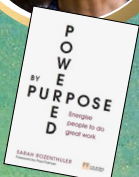
ANNA-MARIE WATSON

Our guided walk facilitator, Anna-Marie Watson, RFM Coaching, is a change agent, former British Army Officer, elite athlete, author, podcaster and champion of a more human and nature-connected approach to work and leadership.



SARAH ROZENTHULER

Our keynote speaker is Sarah Rozenthuler, Bridgework Consulting, a Chartered Psychologist, author & faculty member at Saïd Business School. Through her deep understanding of coaching executives and her fostering of authentic dialogue, Sarah inspires leaders to collaborate effectively, amplify team potential, and drive organisational change with a meaningful purpose.



book now

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